

**SAFE HAVEN**  
**Student Survey**  
**Version 2**

*Form B: Grades 6, 7 and 8*

- **This is a survey about drug and alcohol use and violence. It also asks about other related behaviors and attitudes.**
- **This survey is voluntary. You do not have to complete this survey, but we hope that you will decide to do so.**
- **This survey is completely confidential. Do not write your name anywhere on this booklet. The number in the top right corner will be used only to connect your answers on this survey to your answers when you take the same survey at other times.**
- **Please mark all of your answers directly in this booklet. Mark only one answer unless told to do otherwise.**
- **If you do not understand a question, you may leave it blank.**
- **When you have finished all of the questions, please wait quietly until your teacher collects all of the surveys.**




**500 12th Street, Suite 340 • Oakland, CA 94607 • 510.302.4217**

**Please fill in the following information before beginning the survey**

**School Name:** \_\_\_\_\_

**Teacher Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Section A:** Please answer the following four questions about yourself by marking one of the boxes for each question like this 

**A1. My age is**  11  12  13  14  15  16

**A2. My grade is**  6  7  8

**A3. I am**  male  female

**A4. My race or ethnicity is**

- American Indian or Native American**
- Asian or Pacific Islander**
- Black or African American**
- Hispanic or Latino/Latina**
- White (Caucasian/not Hispanic)**
- Other (please describe) \_\_\_\_\_**

**Section B:** For the sample and the following 9 sentences, please mark the box that best describes how true YOU think these sentences are.

<b>I believe that...</b>				
B1. asking for help with a problem means you are weak.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B2. most teachers that I know at this school care about what I think.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B4. I am asking for trouble if I tell someone how I really feel.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B5. if I walk away from a fight, the other person will think that I'm giving in.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B6. this school is a safe place to be.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B8. it's okay for me to hit someone if they insult me first.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B9. talking about my feelings makes me look weak.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B11. I have to be ready to fight back with anyone who messes with me.	True 1	Sort of true 2	Not very true 3	Not true at all 4
B12. this school is a dangerous place to be.	True 1	Sort of true 2	Not very true 3	Not true at all 4

**Section C : For the next 15 sentences, please mark the box that best describes how MOST KIDS YOU KNOW think.**

<b>Most kids I know think that it's okay for a kid to...</b>				
C1. drink alcohol (beer, wine or liquor) on the weekends.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C2. walk away when someone tries to start a fight with them	True 1	Sort of true 2	Not very true 3	Not true at all 4
C4. smoke marijuana on the weekends.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C5. cheer other kids when they are fighting.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C6. use drugs that make you hallucinate (like acid, LSD, or mushrooms.)	True 1	Sort of true 2	Not very true 3	Not true at all 4
C7. start a fight if they have been insulted.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C8. drink alcohol (beer, wine or liquor) during the school day.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C9. threaten to hurt someone or damage something if they don't get their way.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C11. make fun of someone because they're strange.	True 1	Sort of true 2	Not very true 3	Not true at all 4

<b>Most kids I know think that it's okay for a kid to...</b>				
C13. share their feelings with their teachers and classmates.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C14. smoke marijuana at school.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C15. admit when they have made a mistake.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C16. carry a gun, knife or other weapon to school.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C17. drink alcohol before coming to school.	True 1	Sort of true 2	Not very true 3	Not true at all 4
C18. ask for help when they have a problem.	True 1	Sort of true 2	Not very true 3	Not true at all 4

**Section D:** For the next 9 sentences, please mark “True” if you think the sentence is completely true or mostly true, or mark “Not True” if you think the sentence is not very true.

<b>True or not true...</b>		
D1. Riding your bike without a helmet is a form of violence	True 1	Not True 2
D2. Using mean words to hurt someone is a form of violence.	True 1	Not True 2
D5. Drinking alcohol (beer, wine or liquor) makes some people act violently.	True 1	Not True 2

<b>True or not true...</b>		
D7. Most teenagers can drink a few shots of vodka and still drive safely.	<input type="checkbox"/> True 1	<input type="checkbox"/> Not True 2
D10. Being assertive is the same thing as being aggressive.	<input type="checkbox"/> True 1	<input type="checkbox"/> Not True 2
D11. Violence and drugs are often connected.	<input type="checkbox"/> True 1	<input type="checkbox"/> Not True 2
D13. Taking drugs makes some people act violently.	<input type="checkbox"/> True 1	<input type="checkbox"/> Not True 2
D15. Most teenagers can drink a few beers and still drive safely.	<input type="checkbox"/> True 1	<input type="checkbox"/> Not True 2
D17. Most teenagers cannot drive safely after drinking a few shots of vodka.	<input type="checkbox"/> True 1	<input type="checkbox"/> Not True 2

**Section E :** In the following 18 items, a way that people can act when faced with different situations is described. Please imagine yourself in each situation. Then for each item, please mark a box to show how **HARD** it would be for you to make that choice, and then mark a box to show how **OFTEN** you think you would make that choice when faced with that situation.

	<b>How HARD would it be for you to do this?</b>	<b>How OFTEN do you think you would do this?</b>
E3. <i>If a friend offers me drugs... to refuse to try them.</i>	<input type="checkbox"/> Really hard 1 <input type="checkbox"/> Kind of hard 2 <input type="checkbox"/> Kind of easy 3 <input type="checkbox"/> Really easy 4	<input type="checkbox"/> Always 1 <input type="checkbox"/> Most of the time 2 <input type="checkbox"/> Some times 3 <input type="checkbox"/> Never 4
E4. <i>When my parents try to help me... to listen to them.</i>	<input type="checkbox"/> Really hard 1 <input type="checkbox"/> Kind of hard 2 <input type="checkbox"/> Kind of easy 3 <input type="checkbox"/> Really easy 4	<input type="checkbox"/> Always 1 <input type="checkbox"/> Most of the time 2 <input type="checkbox"/> Some times 3 <input type="checkbox"/> Never 4

	<b>How HARD would it be for you to do this?</b>	<b>How OFTEN do you think you would do this?</b>								
E5. <i>When I am in trouble...</i> <b>to talk things over with someone I trust.</b>	<table border="1"> <tr> <td>Really hard 1</td> <td>Kind of hard 2</td> <td>Kind of easy 3</td> <td>Really easy 4</td> </tr> </table>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	<table border="1"> <tr> <td>Always 1</td> <td>Most of the time 2</td> <td>Some times 3</td> <td>Never 4</td> </tr> </table>	Always 1	Most of the time 2	Some times 3	Never 4
Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4							
Always 1	Most of the time 2	Some times 3	Never 4							
E6. <i>When someone I know has a problem...</i> <b>to help them.</b>	<table border="1"> <tr> <td>Really hard 1</td> <td>Kind of hard 2</td> <td>Kind of easy 3</td> <td>Really easy 4</td> </tr> </table>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	<table border="1"> <tr> <td>Always 1</td> <td>Most of the time 2</td> <td>Some times 3</td> <td>Never 4</td> </tr> </table>	Always 1	Most of the time 2	Some times 3	Never 4
Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4							
Always 1	Most of the time 2	Some times 3	Never 4							
E7. <i>When I get angry...</i> <b>to stop and think before doing something.</b>	<table border="1"> <tr> <td>Really hard 1</td> <td>Kind of hard 2</td> <td>Kind of easy 3</td> <td>Really easy 4</td> </tr> </table>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	<table border="1"> <tr> <td>Always 1</td> <td>Most of the time 2</td> <td>Some times 3</td> <td>Never 4</td> </tr> </table>	Always 1	Most of the time 2	Some times 3	Never 4
Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4							
Always 1	Most of the time 2	Some times 3	Never 4							
E8. <i>When I am afraid...</i> <b>to talk things over with someone I trust.</b>	<table border="1"> <tr> <td>Really hard 1</td> <td>Kind of hard 2</td> <td>Kind of easy 3</td> <td>Really easy 4</td> </tr> </table>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	<table border="1"> <tr> <td>Always 1</td> <td>Most of the time 2</td> <td>Some times 3</td> <td>Never 4</td> </tr> </table>	Always 1	Most of the time 2	Some times 3	Never 4
Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4							
Always 1	Most of the time 2	Some times 3	Never 4							
E10. <i>If a friend offers me alcohol...</i> <b>to refuse to drink it.</b>	<table border="1"> <tr> <td>Really hard 1</td> <td>Kind of hard 2</td> <td>Kind of easy 3</td> <td>Really easy 4</td> </tr> </table>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	<table border="1"> <tr> <td>Always 1</td> <td>Most of the time 2</td> <td>Some times 3</td> <td>Never 4</td> </tr> </table>	Always 1	Most of the time 2	Some times 3	Never 4
Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4							
Always 1	Most of the time 2	Some times 3	Never 4							
E11. <i>When my teacher is trying to help me...</i> <b>to listen.</b>	<table border="1"> <tr> <td>Really hard 1</td> <td>Kind of hard 2</td> <td>Kind of easy 3</td> <td>Really easy 4</td> </tr> </table>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	<table border="1"> <tr> <td>Always 1</td> <td>Most of the time 2</td> <td>Some times 3</td> <td>Never 4</td> </tr> </table>	Always 1	Most of the time 2	Some times 3	Never 4
Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4							
Always 1	Most of the time 2	Some times 3	Never 4							
E12. <i>When someone has insulted me or made me angry...</i> <b>to use “I messages” to talk about my feelings.</b>	<table border="1"> <tr> <td>Really hard 1</td> <td>Kind of hard 2</td> <td>Kind of easy 3</td> <td>Really easy 4</td> </tr> </table>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	<table border="1"> <tr> <td>Always 1</td> <td>Most of the time 2</td> <td>Some times 3</td> <td>Never 4</td> </tr> </table>	Always 1	Most of the time 2	Some times 3	Never 4
Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4							
Always 1	Most of the time 2	Some times 3	Never 4							

	<b>How HARD would it be for you to do this?</b>				<b>How OFTEN do you think you would do this?</b>			
E14. <i>When I am angry...</i> <b>to talk things over with someone I trust.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E15. <i>When I have a problem...</i> <b>to listen when someone tries to help me solve it.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E16. <i>When I get angry...</i> <b>to think before I act.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E17. <i>When I don't agree with someone else's opinion...</i> <b>to listen to them.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E18. <i>When I have a problem...</i> <b>to ask a teacher for help.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E19. <i>When I think someone is being unfair to me ...</i> <b>to talk with them.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E20. <i>When I have a problem...</i> <b>to ask a friend for help.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E21. <i>When the friends I am with are doing something dangerous...</i> <b>to refuse to join them.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4
E22. <i>When a conflict is starting...</i> <b>to talk things through instead of fighting.</b>	Really hard 1	Kind of hard 2	Kind of easy 3	Really easy 4	Always 1	Most of the time 2	Some times 3	Never 4



**Section F:** For the next 19 questions, please mark the answer that best tells how many times you have done the following things in the last four weeks.

<b>In the last four weeks...</b>			
F1. I started a physical fight.	More than once 1	Once 2	Never 3
F3. I tried to understand someone's opinion that was different from mine.	More than once 1	Once 2	Never 3
F4. I drank beer.	More than once 1	Once 2	Never 3
F5. I pushed or shoved someone.	More than once 1	Once 2	Never 3
F6. I talked things over with someone when I had a problem.	More than once 1	Once 2	Never 3
F10. I hit someone on purpose.	More than once 1	Once 2	Never 3
F11. I drank hard alcohol or liquor.	More than once 1	Once 2	Never 3
F12. I was in a physical fight.	More than once 1	Once 2	Never 3
F13. I felt drunk or high from drinking alcohol (beer, wine or liquor.)	More than once 1	Once 2	Never 3
F14. I teased someone to hurt their feelings.	More than once 1	Once 2	Never 3

<b>In the last four weeks...</b>			
F15. I used marijuana (pot, weed, grass, etc.).	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F16. I used Derbisol (derbs, dirt).	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F18. I used or sniffed inhalants (glue, nail polish remover, white out, etc.)	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F19. I used some other illegal drug.	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F20. I carried a gun, knife, or other weapon.	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F22. I said something to hurt someone's feelings.	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F23. I was mean to someone on purpose.	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F24. I got into a fight with a kid who had been drinking.	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>
F26. I asked someone for help with a problem.	<div style="border: 1px solid black; padding: 5px; text-align: center;">           More than once 1         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Once 2         </div>	<div style="border: 1px solid black; padding: 5px; text-align: center;">           Never 3         </div>

**Section G:** For the next three sentences, please mark the answer that best describes how you answered the questions on this survey.

<b>How I answered the questions...</b>				
G1. I <b>understood</b> the questions on this survey.	All questions 1	Most questions 2	Only some questions. 3	Hardly any questions 4
G2. I answered the questions on this survey <b>carefully</b> .	All questions 1	Most questions 2	Only some questions 3	Hardly any questions 4
G3. I answered the questions on this survey <b>honestly</b> .	All questions 1	Most questions 2	Only some questions 3	Hardly any questions 4

*Thank you for taking this survey!*