

**Parent-adolescent communication about sex and sexuality: Community education and parent support needs and opportunities**

Presentation to the  
Planned Parenthood Shasta-Pacific Board of Trustees  
by Norm Constantine  
San Francisco, CA, September 10, 2010

**Real Life. Real Talk.**

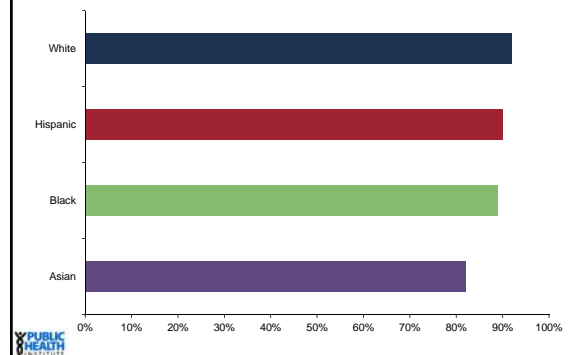
**Encouraging open, honest, and balanced talk about sex and relationships.**

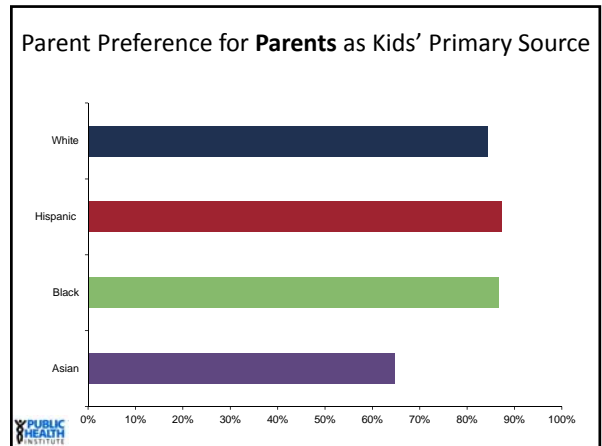
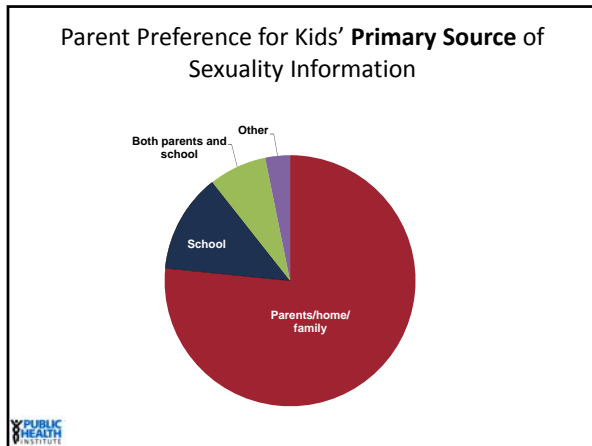


**Parents**

**Powerful  
Influential  
Concerned  
Motivated**

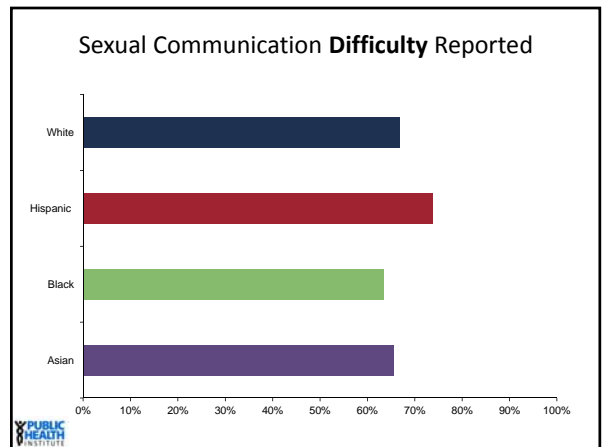
Parent **Support** for Comprehensive Sex Education

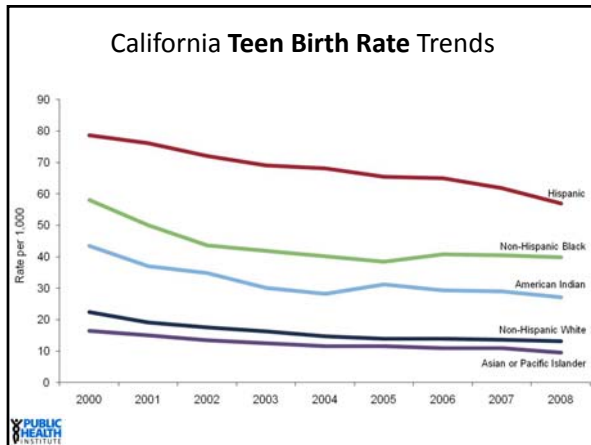
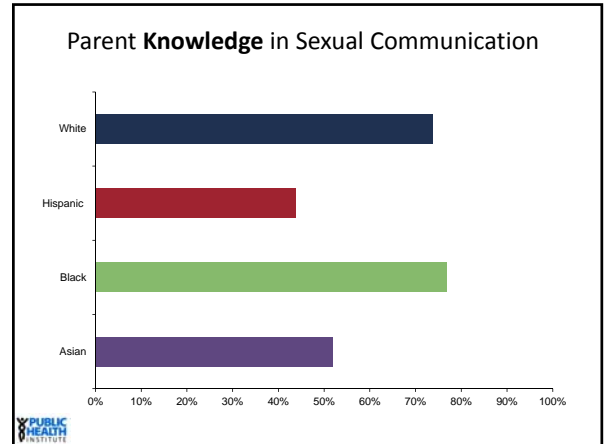
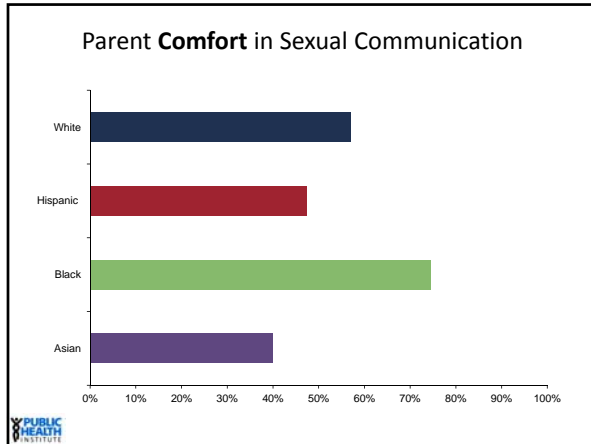




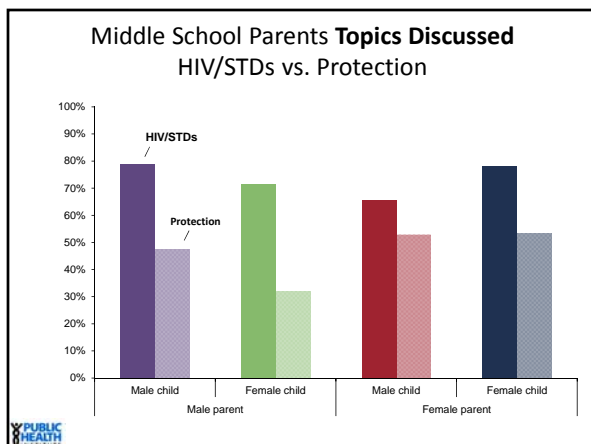
**Parents**

- Powerful
- Influential
- Concerned
- Motivated
- Uncomfortable**
- Unconfident**





**middle school**



#### References

- Jerman, P. & Constantine, N. A. (2010). Demographic and psychological predictors of parent-adolescent communication about sex: A representative statewide analysis. *Journal of Youth and Adolescence*, 39,1164–1174
- Constantine, N. A., Jerman, P., & Nevarez, C. R. (2010). *No time for complacency: Teen births in California. (Spring 2010 Update)* Oakland, CA: Public Health Institute.
- Constantine, N. A., Jerman, P., & Huang, A. X. (2007). California parents' preferences and beliefs regarding school-based sex education policy. *Perspectives on Sexual and Reproductive Health*, 39, 167-175.